

# Preparing for Prism PTSD Treatment

**About PRISM PTSD Treatment:** Prism is Food and Drug Administration (FDA) cleared as a treatment for Post Traumatic Stress Disorder. Prism is a software device that helps patients learn to control stressful brain and body responses. Prism's core technology is a proprietary digital brain biomarker developed by using advanced statistical models to register functional MRI (fMRI) amygdala data to EEG. PRISM is not covered by insurance at the current time, but is a private pay treatment.

## A Typical course of Prism Treatment:

Each patient must have a consultation with the treating psychiatrist or psychiatric nurse practitioner who will review the risks, benefits, and side effects of the treatment. Patients are given fifteen (15) over eight (8) weeks which helps you train your brain and body responses. Most patients do this with medications which they are already prescribed. **Patients do NOT have to talk about traumatic experiences;** patients will explore personal memories or emotions that make you feel safe which are called "mental strategies."



### Core Technology

The inventors of this proprietary digital technology, registered fMRI data to EEG



### Treatment Description

You will be fitted with a soft headset that does not produce pain



### What does it do?

Prism reads your EEG signal from the headset & computes your biomarker level



### Mental Strategy

You will develop & practice ways to lower your biomarker to reduce your symptoms

## Safe & Comfortable Treatment Environment

Prism is a prescription treatment that does not require additional medications or talking about your traumatic experience.

What makes this unique is that it is powered by your positive memories. Prism will help you find safe emotions or experiences that make you feel calm and safe (a mental strategy). In the office, you will sit in a quiet space, and watch a computer simulation while you have a EEG headset on your head. Prism reads the EEG signals and you learn to use mental strategies to lower your amygdala-based biomarkers. You may need to develop several strategies to find the best one for you.

Whether you are a survivor of a sexual or physical assault, a serious accident, major illness, natural disaster or are a Veteran, Prism may be a treatment option to discuss with your healthcare clinician.



### Time

You come into the office for 45-60 minutes to practice these methods



### Frequency

In 15 sessions over 8 weeks, you will learn to control your PTSD symptoms

**Personalized experience**  
**Non-invasive**  
**No Trauma exposure**  
**Safe & Effective**



**Safe and Effective Non - Medication Treatment Alternative offered by Experts in the field of Post Traumatic Stress Disorder. Schedule a consultation today, [www.hopeforyourbrain.com](http://www.hopeforyourbrain.com)**